

# SHUMKA SCHOOL OF DANCE

## 2024/25 Program Overview

SHUMKA'S SYLLABUS CORE UKRAINIAN (S.D.S.A.)	Length (hours)	Age (minimum)
<b>PRE-BEGINNER</b> <ul style="list-style-type: none"> <li>High-quality dance instruction (29 classes)</li> <li>Shumka's Pre-Beginner Syllabus (up to 22 techniques)</li> <li>Choreography (1)</li> <li>Performances at the Jubilee Auditorium (2)</li> <li>Community performances (0)</li> </ul>	0.75	3
<b>BEGINNER</b> <ul style="list-style-type: none"> <li>High-quality dance instruction (29 classes)</li> <li>Shumka's Beginner Syllabus (up to 23 techniques)</li> <li>Choreography (1)</li> <li>Performances at the Jubilee Auditorium (2)</li> <li>Community performances (0)</li> </ul>	0.75	5
<b>GRADE 1 S.D.S.A.</b> <ul style="list-style-type: none"> <li>High-quality dance instruction (29 classes)</li> <li>Shumka's Syllabus Grade 1 Certificate (minimum 6 exercises)</li> <li>Choreography (1)</li> <li>Performances at the Jubilee Auditorium (2)</li> <li>Dance festival (1)</li> <li>Community performances (0)</li> </ul>	1.0	6
<b>GRADE 2 S.D.S.A.</b> <ul style="list-style-type: none"> <li>High-quality dance instruction (29 classes)</li> <li>Shumka's Syllabus Grade 2 Certificate (minimum 7 exercises)</li> <li>Choreography (1)</li> <li>Performances at the Jubilee Auditorium (2)</li> <li>Dance festival (1)</li> <li>Community performances (0)</li> </ul>	1.25	7
<b>GRADE 2 DIPLOMA S.D.S.A.</b> <ul style="list-style-type: none"> <li>High-quality dance instruction (29 classes)</li> <li>Shumka's Syllabus Grade 2 Diploma (minimum 9 exercises)</li> <li>Choreography (1)</li> <li>Performances at the Jubilee Auditorium (2)</li> <li>Dance festival (1)</li> <li>Community performances (0)</li> </ul>	1.25	8
<b>GRADE 3 S.D.S.A.</b> <ul style="list-style-type: none"> <li>High-quality dance instruction (29 classes)</li> <li>Shumka's Syllabus Grade 3 Certificate (minimum 9 exercises)</li> <li>Choreography (1)</li> <li>Performances at the Jubilee Auditorium (2)</li> <li>Dance festival (1)</li> <li>Community performances (0)</li> </ul>	1.5	9
<b>GRADE 4 S.D.S.A.</b> <ul style="list-style-type: none"> <li>High-quality dance instruction (29 classes)</li> <li>Shumka's Syllabus Grade 4 Certificate (minimum 9 exercises)</li> <li>Choreography (1)</li> <li>Performances at the Jubilee Auditorium (2)</li> <li>Dance festivals (2)</li> <li>Community performances (1)</li> </ul>	1.5	10
<b>GRADE 5 S.D.S.A.</b> <ul style="list-style-type: none"> <li>High-quality dance instruction (29 classes)</li> <li>Shumka's Syllabus Grade 5 Certificate (minimum 10 exercises)</li> <li>Choreography (1)</li> <li>Performances at the Jubilee Auditorium (2)</li> <li>Dance festivals (2)</li> <li>Community performances (1)</li> </ul>	2.0	11



<b>GRADE 6 S.D.S.A.</b>	<b>2.0</b>	<b>12</b>
<ul style="list-style-type: none"> <li>• High-quality dance instruction (29 classes)</li> <li>• Shumka's Syllabus Grade 6 Certificate (minimum 13 exercises)</li> <li>• Choreography (1)</li> <li>• Performances at the Jubilee Auditorium (2)</li> <li>• Dance festivals (2)</li> <li>• Community performances (1)</li> </ul>		
<b>GRADE 7 DIPLOMA S.D.S.A.</b>	<b>2.25</b>	<b>14</b>
<ul style="list-style-type: none"> <li>• High-quality dance instruction (29 classes)</li> <li>• Shumka's Syllabus Grade 7 Diploma (minimum 11 exercises)</li> <li>• Choreography (1)</li> <li>• Performances at the Jubilee Auditorium (2)</li> <li>• Dance festivals (3)</li> <li>• Community performances (1-2)</li> </ul>		
<b>GRADE 9 S.D.S.A.</b>	<b>2.5</b>	<b>16</b>
<ul style="list-style-type: none"> <li>• High-quality dance instruction (29 classes)</li> <li>• Shumka's Syllabus Grade 9 Certificate (minimum 11 exercises)</li> <li>• Choreography (2)</li> <li>• Performances at the Jubilee Auditorium (2)</li> <li>• Dance festivals (3)</li> <li>• Community performances (2-3)</li> </ul>		
<b>ROYAL ACADEMY OF DANCE BALLET (R.A.D.)</b>	<b>Length</b>	<b>Age</b>
	<b>(hours)</b>	<b>(minimum)</b>
<b>PRIMARY R.A.D.</b>	<b>0.75</b>	<b>5</b>
<ul style="list-style-type: none"> <li>• High-quality registered R.A.D. dance instruction (29 classes)</li> <li>• Internationally recognized ballet program</li> <li>• Primary R.A.D. Ballet preparation exercises</li> <li>• Primary R.A.D. Ballet Syllabus exercises</li> </ul>		
<b>GRADE 1 R.A.D.</b>	<b>1.0</b>	<b>7-10</b>
<ul style="list-style-type: none"> <li>• High-quality registered R.A.D. dance instruction (29 classes)</li> <li>• Internationally recognized ballet program</li> <li>• Grade 1 R.A.D. Ballet preparation exercises</li> <li>• Grade 1 R.A.D. Ballet Syllabus exercises</li> </ul>		
<b>GRADE 2 R.A.D.</b>	<b>1.0</b>	<b>7-10</b>
<ul style="list-style-type: none"> <li>• High-quality registered R.A.D. dance instruction (29 classes)</li> <li>• Internationally recognized ballet program</li> <li>• Grade 2 R.A.D. Ballet preparation exercises</li> <li>• Grade 2 R.A.D. Ballet Syllabus exercises</li> </ul>		
<b>GRADE 3 R.A.D.</b>	<b>1.25</b>	<b>7-10</b>
<ul style="list-style-type: none"> <li>• High-quality registered R.A.D. dance instruction (29 classes)</li> <li>• Internationally recognized ballet program</li> <li>• Grade 3 R.A.D. Ballet preparation exercises</li> <li>• Grade 3 R.A.D. Ballet Syllabus exercises</li> </ul>		
<b>GRADE 4 R.A.D.</b>	<b>1.25</b>	<b>7-10</b>
<ul style="list-style-type: none"> <li>• High-quality registered R.A.D. dance instruction (29 classes)</li> <li>• Internationally recognized ballet program</li> <li>• Grade 4 R.A.D. Ballet preparation exercises</li> <li>• Grade 4 R.A.D. Ballet Syllabus exercises</li> </ul>		
<b>PREPARATION FOR PRE-POINTE R.A.D.</b>	<b>0.5</b>	<b>7-10</b>
<ul style="list-style-type: none"> <li>• High-quality registered R.A.D. dance instruction (29 classes)</li> <li>• Internationally recognized ballet program</li> <li>• Grade 4 R.A.D. Ballet preparation pointe exercises</li> <li>• Grade 4 R.A.D. Ballet Syllabus preparation pointe exercises</li> </ul>		

<b>INTERMEDIATE FOUNDATION R.A.D.</b>	<b>1.5</b>	<b>11</b>
<ul style="list-style-type: none"> <li>• High-quality registered R.A.D. dance instruction (29 classes)</li> <li>• Internationally recognized ballet program</li> <li>• Intermediate Foundation R.A.D. Ballet preparation exercises</li> <li>• Intermediate Foundation R.A.D. Ballet Syllabus exercises</li> </ul>		
<b>INTERMEDIATE FOUNDATION POINTE R.A.D.</b>	<b>0.5</b>	<b>11</b>
<ul style="list-style-type: none"> <li>• High-quality registered R.A.D. dance instruction (29 classes)</li> <li>• Internationally recognized ballet program</li> <li>• Intermediate Foundation R.A.D. Ballet preparation pointe exercises</li> <li>• Intermediate Foundation R.A.D. Ballet Syllabus pointe exercises</li> </ul>		
<b>INTERMEDIATE FOUNDATION CHOREOGRAPHY R.A.D.</b>	<b>0.5</b>	<b>11</b>
<ul style="list-style-type: none"> <li>• High-quality registered R.A.D. dance instruction (29 classes)</li> <li>• Internationally recognized ballet program</li> <li>• Choreography (1)</li> <li>• Performances at the Jubilee Auditorium (2)</li> <li>• Dance festivals (1)</li> </ul>		
<b>INTERMEDIATE R.A.D.</b>	<b>1.75</b>	<b>12</b>
<ul style="list-style-type: none"> <li>• High-quality registered R.A.D. dance instruction (29 classes)</li> <li>• Internationally recognized ballet program</li> <li>• Intermediate R.A.D. Ballet preparation exercises</li> <li>• Intermediate R.A.D. Ballet Syllabus exercises</li> </ul>		
<b>INTERMEDIATE POINTE R.A.D.</b>	<b>0.75</b>	<b>12</b>
<ul style="list-style-type: none"> <li>• High-quality registered R.A.D. dance instruction (29 classes)</li> <li>• Internationally recognized ballet program</li> <li>• Intermediate R.A.D. Ballet preparation pointe exercises</li> <li>• Intermediate R.A.D. Ballet Syllabus pointe exercises</li> </ul>		
<b>INTERMEDIATE CHOREOGRAPHY R.A.D.</b>	<b>0.5</b>	<b>12</b>
<ul style="list-style-type: none"> <li>• High-quality registered R.A.D. dance instruction (29 classes)</li> <li>• Internationally recognized ballet program</li> <li>• Choreography (1)</li> <li>• Performances at the Jubilee Auditorium (2)</li> <li>• Dance festivals (1)</li> </ul>		
<b>ADVANCED FOUNDATION R.A.D.</b>	<b>1.5</b>	<b>13</b>
<ul style="list-style-type: none"> <li>• High-quality registered R.A.D. dance instruction (29 classes)</li> <li>• Internationally recognized ballet program</li> <li>• Advanced Foundation R.A.D. Ballet preparation exercises</li> <li>• Advanced Foundation R.A.D. Ballet Syllabus exercises</li> </ul>		
<b>INTENSIVE DIVISION (I.D.)</b>	<b>Length</b> (hours)	<b>Age</b> (minimum)
<b>JUNIOR I.D.</b>	<b>1.25</b>	<b>8</b>
<ul style="list-style-type: none"> <li>• High-quality dance instruction (29 classes)</li> <li>• Choreography (1)</li> <li>• Performances at the Jubilee Auditorium (2)</li> <li>• Dance festivals (3)</li> <li>• Community performances (2)</li> </ul>		
<b>INTERMEDIATE 1 I.D.</b>	<b>1.5</b>	<b>10</b>
<ul style="list-style-type: none"> <li>• High-quality dance instruction (29 classes)</li> <li>• Choreography (2)</li> <li>• Performances at the Jubilee Auditorium (2)</li> <li>• Dance festivals (3)</li> <li>• Community performances (2-3)</li> </ul>		
<b>INTERMEDIATE 2 I.D.</b>	<b>1.5</b>	<b>11</b>
<ul style="list-style-type: none"> <li>• High-quality dance instruction (29 classes)</li> <li>• Choreography (2)</li> <li>• Performances at the Jubilee Auditorium (2)</li> <li>• Dance festivals (3)</li> <li>• Community performances (2-3)</li> </ul>		

<b>ADVANCED 1 I.D.</b>	<b>1.75</b>	<b>13</b>
<ul style="list-style-type: none"> <li>• High-quality dance instruction (29 classes)</li> <li>• Choreography (3)</li> <li>• Performances at the Jubilee Auditorium (2)</li> <li>• Dance festivals (3)</li> <li>• Community performances (3-4)</li> </ul>		
<b>ADVANCED 2 I.D.</b>	<b>2.0</b>	<b>14</b>
<ul style="list-style-type: none"> <li>• High-quality dance instruction (29 classes)</li> <li>• Choreography (4)</li> <li>• Performances at the Jubilee Auditorium (2)</li> <li>• Dance festivals (3)</li> <li>• Community performances (4-5)</li> </ul>		
<b>SHUMKA REPERTOIRE</b>	<b>1.5</b>	<b>13</b>
<ul style="list-style-type: none"> <li>• High-quality instruction from Shumka members (29 classes)</li> <li>• Shumka-style training</li> <li>• Ukrainian Shumka Dancers repertoire choreography (1-2)</li> </ul>		
<b>TRICKS &amp; UKRAINIAN TECHNIQUE</b>	<b>Length</b>	<b>Age</b>
	<b>(hours)</b>	<b>(minimum)</b>
<b>JUNIOR</b>	<b>1.25</b>	<b>10</b>
<ul style="list-style-type: none"> <li>• High-quality dance instruction (29 classes)</li> <li>• General across the floor Ukrainian technique training</li> <li>• Focus on strength training and increasing general flexibility</li> <li>• Trick selection, technique, safety</li> </ul>		
<b>ADVANCED</b>	<b>1.5</b>	<b>13</b>
<ul style="list-style-type: none"> <li>• High-quality dance instruction (29 classes)</li> <li>• General across the floor Ukrainian technique training</li> <li>• Focus on strength training and increasing general flexibility</li> <li>• Trick selection, technique, safety</li> </ul>		