

UNIFORM

Correct uniform enables our instructors to see the dancers' bodies clearly so corrections to alignment and placement may be made and injuries avoided. It also provides a standard, professional appearance for the School.

Buns:

- Girls should have their hair pulled back off their face and styled into a tight bun.
- In cases where the hair is too short for a bun, it must still be neatly groomed and styled away from the face and neck, ensuring that the head and neckline remain visible.
- Special attention should be given to creating a precise and secure bun for performances. After completing the performance bun, it is advisable to spray a layer of hairspray on the head to minimize "frizzies," as these become very noticeable under stage lighting.
- **Bun-Making Video Link:** <https://www.youtube.com/watch?v=Mt4Ulr6a2Aw&t=1s>

Water Bottles:

- Water bottles with only water are allowed. Some instructors may have additional rules, but generally, water breaks will be granted at the instructor's discretion.
- Please ensure that the water bottle is labeled with the dancer's name for easy identification.

Jewelry:

- No jewelry of any kind is permitted, including earrings, necklaces, wristbands, etc. This rule is in place for safety reasons, as jewelry can become entangled with clothing or skin. The exception is made for dancers who have recently had their ears pierced and cannot remove their earrings. In this case, please conceal the earrings with a Band-Aid.

Watches:

- Watches, including traditional watches, smartwatches, Fitbits, step-counters, etc., are not allowed during dancing. This prohibition is for safety reasons, as these items can become entangled with clothing or skin and can be distracting for the dancer.

Lost and Found:

- Regular Check: We kindly request that you make it a habit to frequently check our lost and found area.
- Edmonton Location: In Edmonton, you can find the lost and found in the coatroom.
- Sherwood Park Location: If you're in Sherwood Park, our lost and found is located on the AV cart.

Pre-Beginner, Beginner, Grade 1, Grade 2 Certificate

FEMALE: Uniform Details

1. Pink convertible tights for all classes.
2. Light tan fully footed tights for performances. For individuals with deeper or darker skin tones, we recommend choosing performance tights in a close or complementary shade that complements your skin tone.
3. **Pre-Beginner, Beginner:** Black short sleeve bodysuit with rounded neckline for all classes.
Grades 1, 2C: Black high-neck tank bodysuit for all classes.
4. Black pull-on skirt for all classes.
5. Red full sole leather dance slippers for all classes (with shoelace strings tucked in).
6. Hair off the face and in a tight bun for all classes.

FEMALE: Uniform Summary By Class

CORE + BALLET: Tights, bodysuit, skirt, red leather slippers.

MALE: Uniform Details

1. Plain white t-shirt tucked in for all classes.
2. Black shorts for all classes.
3. Black full sole leather dance slippers for all classes and performances (with shoelace strings tucked in).
4. Black ankle socks for all classes.
5. Black knee-length socks for all performances. **Pre-Beginner only:** Black ankle socks for performances.

MALE: Uniform Summary By Class

CORE + BALLET: T-shirt, shorts, ankle socks, black leather slippers.

Grade 2 Diploma, Grade 3, Grade 4, Grade 5, Grade 6

FEMALE: Uniform Details
1. Pink convertible tights for all classes.
2. Light tan fully footed tights for performances. For individuals with deeper or darker skin tones, we recommend choosing performance tights in a close or complementary shade that complements your skin tone.
3. Black high-neck tank bodysuit for all classes.
4. Black pull-on or tie skirt.
5. Tan Elastabootie shoe for all classes except Ballet.
6. Pink full sole leather slippers for Ballet-only.
7. Hair off the face and in a tight bun for all classes.
FEMALE: Uniform Summary By Class
CORE + INTENSIVE: Tights, bodysuit, skirt, tan Elastabootie shoes.
BALLET: Tights, bodysuit, pink leather slippers.
TRICKS: Relaxed uniform-must be able to move freely. Hair in bun and off face.

MALE: Uniform Details
1. Plain white t-shirt tucked in for all classes.
2. Black shorts for all classes.
3. Black Elastabootie shoe for all classes except Ballet.
4. Black full sole leather dance slippers for Ballet.
5. Black ankle socks for all classes.
6. Black knee-length socks for all performances.
MALE: Uniform Summary By Class
CORE + INTENSIVE: T-shirt, shorts, ankle socks, black Elastabootie shoes.
BALLET: T-shirt, shorts, ankle socks, black leather slippers.
TRICKS: Relaxed uniform - must be able to move freely.

Grade 7, Grade 9

To commemorate the graduating class, **Grade 9 students** have the opportunity to express themselves by wearing colorful bodysuits of their preference during all classes. Additionally, please ensure that dancers have black bodysuit options readily available for use during theatre performances/staging, visits from special guests, photoshoots, and similar occasions.

FEMALE: Uniform Details

1. Pink convertible tights for all classes.
2. Light tan fully footed tights for performances. For individuals with deeper or darker skin tones, we recommend choosing performance tights in a close or complementary shade that complements your skin tone.
3. Black camisole bodysuit for all classes.
4. Black tight-fitting shorts and/or black skirt for all classes except Ballet.
5. Tan Elastabootie shoe for all classes except Ballet.
6. Pink canvas split sole slippers for Ballet-only.
7. Hair off the face and in a tight bun for all classes.

FEMALE: Uniform Summary By Class

CORE + INTENSIVE: Tights, bodysuit, shorts and/or skirt, tan Elastabootie shoes.

BALLET: Tights, bodysuit, pink canvas split sole slippers.

TRICKS: Relaxed uniform-must be able to move freely. Hair in bun and off face.

MALE: Uniform Details

1. Plain white t-shirt tucked in for all classes.
2. Black shorts for all classes. Black pants can be worn for Ukrainian classes. Shorts are required for ballet.
3. Black Elastabootie shoe for all classes except Ballet.
4. Black canvas split sole slippers for Ballet-only.
5. Black ankle socks for all classes.
6. Black knee-length socks for all performances.

MALE: Uniform Summary By Class

CORE + INTENSIVE: T-shirt, shorts, ankle socks, black Elastabootie shoes.

BALLET: T-shirt, shorts-only, ankle socks, black canvas slippers.

TRICKS: Relaxed uniform - must be able to move freely.