

# **Tier 2 Instructor Workshop 2024**

**Grades 4, 5, 6** 

Greetings, and welcome to the Tier 2 SDSA Instructor Workshop! Course conductors Douglas Rachinski and Tasha Orysiuk look forward to an informative and rewarding time with you. Please refer to the following timetable, which details the workshop's activities.

# **Workshop Schedule**

#### **FRIDAY, AUGUST 23**

5:15 – 5:30 Sign-in

5:30 – 6:00 Review and Q&A

Includes a review of the introduction to SDSA, syllabus structure, and classroom context from Tier 1.

6:00 – 9:30 Vocabulary

Demonstration/discussion of Ukrainian dance vocabulary, positions/poses and technique as it applies to Grades 4, 5, 6.

## **SATURDAY, AUGUST 24**

8:30 – 10:30	Vocabulary
10:30 – 10:45	Break
10:45 – 12:45	Vocabulary
12:45 – 1:30	Lunch
1:30 – 3:45	Set Exercises

Interactive discussion of syllabus contents for Grades 4, 5, 6 including exercise progression and comparison, key aspects,

exercise breakdown and build-up strategies.

3:45 – 4:00 Break

4:00 – 7:30 Classical Ballet

Classical ballet topics as per Classical Ballet - Tier 2 as it applies to Grades 4, 5 and 6.

## **SUNDAY, AUGUST 25**

8:30 – 10:30	Set Exercises
10:30 – 10:45	Break
10:45 – 12:45	Set Exercises
12:45 – 1:30	Lunch
1:30 – 4:00	Set Exercises
4:00 – 4:30	Review and wrap-up

Review of course contents as requested by workshop participants.

5:00 pm onwards Out-of-town instructor certification exams priority (instructor certification exams to be

discussed throughout workshop)